

Family Planning and HIV/AIDS in Sub-Saharan Africa: Challenges and Strategies

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ABSTRACT

Family planning and HIV are closely related subjects because both are aspects of reproductive health. This paper reviews the interface between family planning and the HIV/AIDS epidemic in sub-Saharan Africa, and discusses the policies toward integration of strategies. In many countries of the region, both contraception and HIV/AIDS are increasing, with the exception of Uganda where there is evidence of a recent decline in HIV/AIDS prevalence. Strategies to integrate policies that promote family planning and prevent HIV infection have been initiated in some African countries. A future research agenda to study the link between the two subjects is suggested. (*Afr J Reprod Health* 1998;2 (2):44–56)

RÉSUMÉ

Planification familiale et VIH/SIDA en Afrique sub-saharienne: défis et stratégies. Planification familiale et VIH/SIDA sont des sujets étroitement liés du fait qu'ils relèvent tous deux du domaine de la santé reproductive. Ce document analyse le lien entre la planification familiale et l'épidémie de VIH/SIDA en Afrique sub-saharienne, et discute des politiques en vue de stratégies intégrées. L'usage de contraception et l'épidémie de VIH/SIDA sont toutes deux en hausse dans plusieurs pays de la région, à l'exception toutefois de l'Ouganda, où la preuve à été faite d'une baisse de la prévalence du VIH/SIDA. Des stratégies de politiques intégrées pour la promotion de la planification familiale et la prévention de l'infection par le VIH ont été mises en oeuvre dans certains pays africains. La mise au point d'un futur programme de recherche afin d'étudier le lien entre la planification familiale et le VIH/SIDA est suggérée. (*Rev Afr Santé Reprod* 1998;2 (2):44–56)

KEY WORDS: *Family planning, HIV/AIDS epidemic, integration strategies, sub-Saharan Africa*

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